

Our Lady of Victory School

Aa Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk Ll

Mm Nn Oo Pp Qq

Rr Ss Tt Uu Vv

Ww Xx Yy Zz . , ? !

1 2 3 4 5 6 7 8 9 10

PROPER SLANT ANGLE OF 15°.

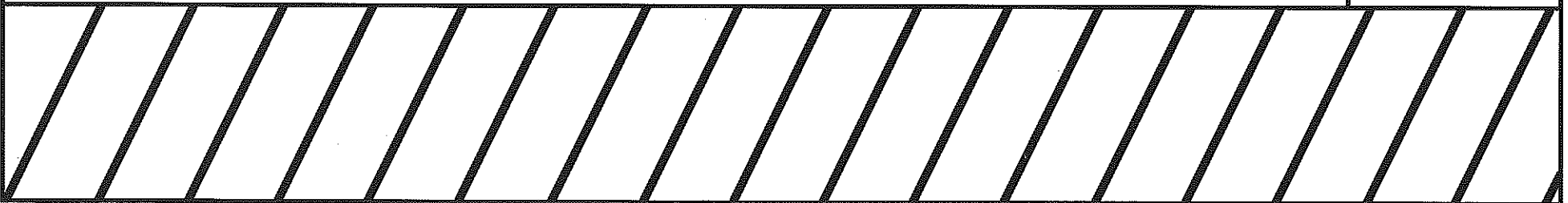
THIS IS APPROPRIATE FOR BOTH RIGHT AND LEFT HANDED STUDENTS

Example:
Cursive Letters
Upper and
Lower Case
with Numbers
and Punctuation

Use this example
as a reference
from which to
grade proper upper
and lower case
letter and number
formation.

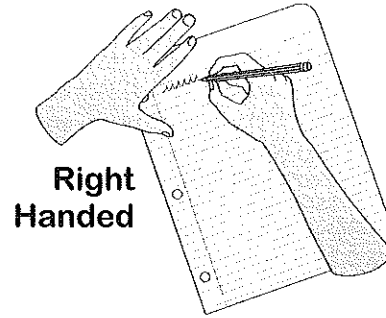
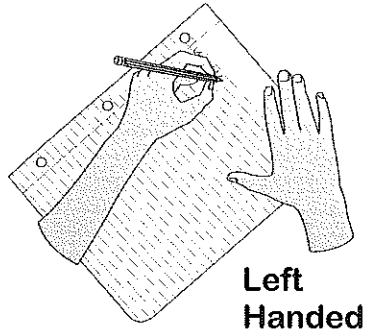
A 15° slant from
the bottom left to
the top right shall
be maintained in
all upper and lower
case lettering and
numbers.

All upper case
letters extend the
full line height,
even for those
letters which
extend below
the bottom line.



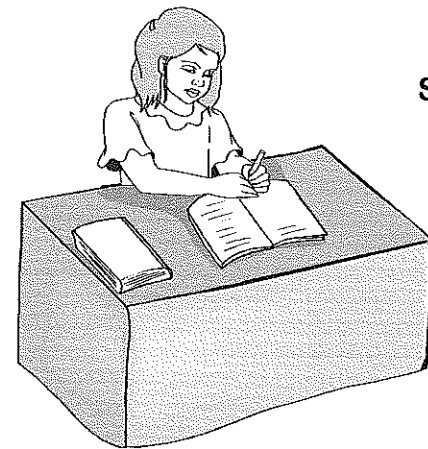
PROPER POSITION FOR PENCIL, PAPER and STUDENT

PROPER PAPER POSITION

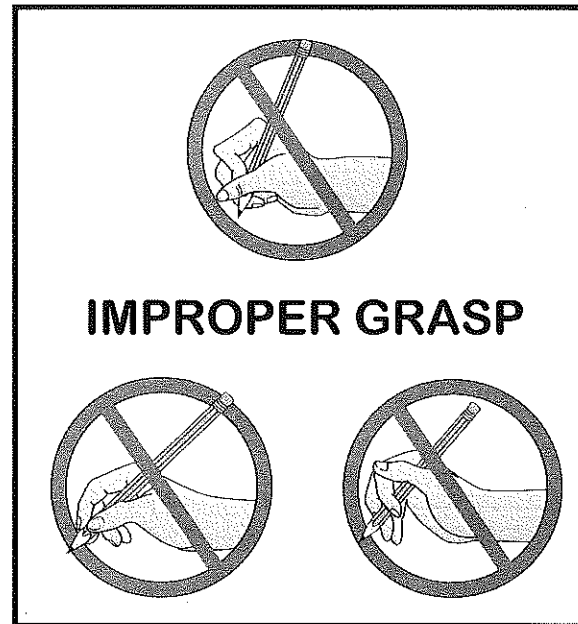
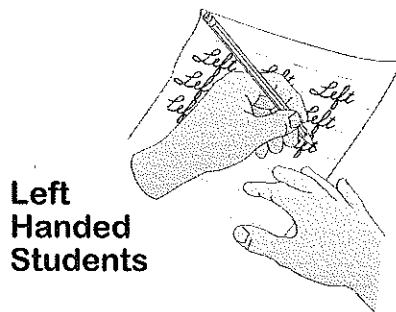
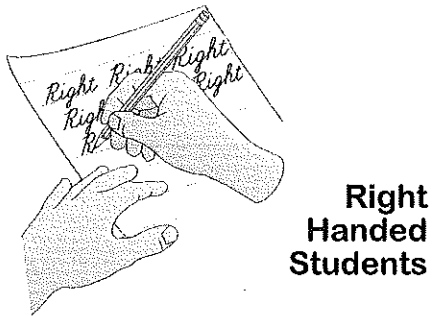


PROPER WRITING POSTURE

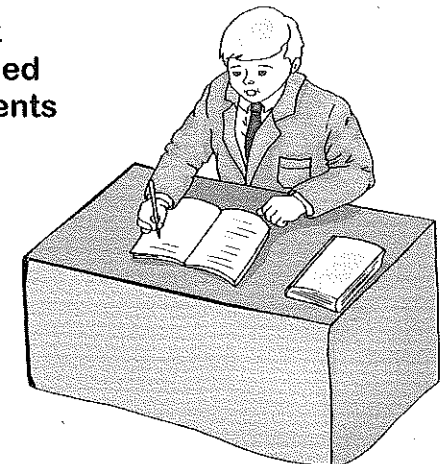
Left Handed Students



PROPER GRASP



Right Handed Students



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
 abcdefghijklmnopqrstuvwxyz 1 2 3 4 5 6 7 8 9 0 . , ? !

PRACTICE LESSON

Review Cursive Letters & Numbers

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A B C D E
 F G H I J
 K L M N O
 P Q R S T
 U V W X Y Z

a b c d e f
 g h i j k l
 m n o p q r
 s t u v w x y z

1 2 3 4 5
 6 7 8 9 10

Copy Over:
 Cursive Letters
 Upper & Lower
 Case with
 Numbers

Use these examples
 for practice in
 proper letter
 formation. Copy
 over and rewrite
 each letter and
 number.

A 15° slant from
 the bottom left to
 the top right shall
 be maintained in
 all upper case
 lettering and
 numbers.

All upper case
 letters extend to the
 top dotted line
 height, even for
 those letters which
 extend below
 the bottom line.

All cursive
 numbers are 3/4
 line height and
 have the same 15°
 slant as the letters.

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
a b c d e f g h i j k l m n o p q r s t u v w x y z 1 2 3 4 5 6 7 8 9 0 . , ? !

BASELINE PRACTICE

To be graded by HOME Teacher

Penmanship: _____ %

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LESSON 1

Write Cursive Letters A - Z Upper &
Lower Case, and Numbers 1 - 10

Handwriting practice lines consisting of multiple rows of horizontal lines with a dashed midline for cursive letter formation.

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
a b c d e f g h i j k l m n o p q r s t u v w x y z

Name: _____

LESSON 2

Spelling Test #1 - Words & Definitions

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OLVS Tutor - Words: - /25 Defs: - /5

Penmanship: _____ %

- | | | | |
|----|-----|-----|-----|
| 1. | 6. | 11. | 16. |
| 2. | 7. | 12. | 17. |
| 3. | 8. | 13. | 18. |
| 4. | 9. | 14. | 19. |
| 5. | 10. | 15. | 20. |

21.

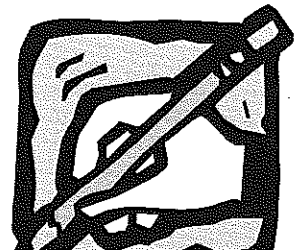
22.

23.

24.

25.

*You're Being Graded,
So Remember...
Neatness Counts !!*



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
 abcdefghijklmnopqrstuvwxyz 1 2 3 4 5 6 7 8 9 0 . , ? /

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LESSON 3

Read and Write Assignment.

Warming Up: Basic Stroke Practice

Trace & finish the top row at the start of each lesson.



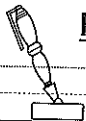
Focus on Faith:



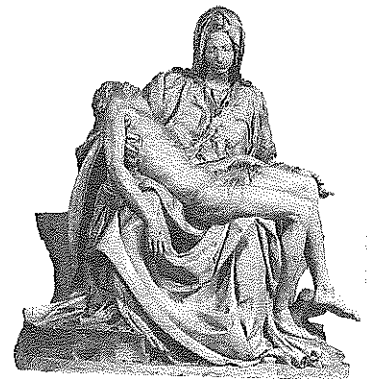
Our Lady of Sorrows - FEAST DAY: SEPTEMBER 15

Catholics can trace their devotion to Our Lady of Sorrows back to apostolic times. St. John the Evangelist, whom we can consider as one of the first devotees of the Mother of Sorrows, witnessed first-hand and then recorded in his Gospel that Our Lady stood by the Cross of her Son (Jn 19:25). Our Lady of Sorrows is traditionally depicted in art dressed in black with seven swords piercing her heart. These seven swords symbolize the chief seven sorrows of Our Lady's life. Devotion to the Sorrows of Mary gave rise to the Pieta by Michelangelo, arguably the greatest masterpiece that the art world has ever produced. Different sorrows of Mary have been honored in the Church's history, but since the 14th century these seven have come to be regarded as the seven dolors (sorrows) of the Blessed Virgin Mary:

Perfecting Penmanship: Using your best penmanship, copy over the Seven Sorrows of Our Lady below.



1. The Prophecy of Simeon.
2. Flight into Egypt.
3. Loss of the Child Jesus for Three Days.
4. Meeting Jesus on the Way to Calvary.
5. The Crucifixion and Death of Jesus.
6. Jesus Taken Down from the Cross.
7. Jesus Laid in the Tomb.



Michelangelo's Pieta

Practice Makes Perfect: Copy over, then re-write the words from your spelling lists below.



agile
jungle
serve

cottage
liberal
soul

invoice
reptiles
spirit

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
 a b c d e f g h i j k l m n o p q r s t u v w x y z 1 2 3 4 5 6 7 8 9 0 . , ? !

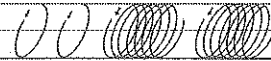
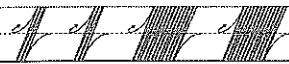
Our Lady of Victory School

LESSON 5

Warming Up: Basic Stroke Practice

Trace & finish the top row at the start of each lesson.

Read and Write Assignment.



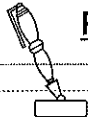
Focus on Faith:

Saint Padre Pio - 1887 - 1968 Feast Day: September 23

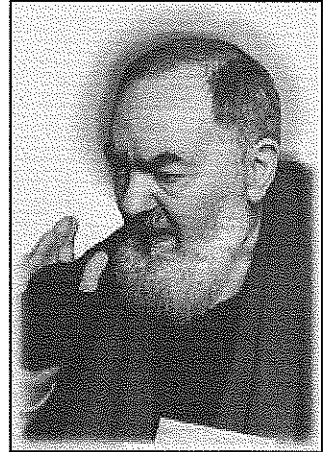
Padre Pio of Pietrelcina was born to a southern Italian farm family, the son of Grazio, a shepherd. At age 19 he joined the order of Capuchin Friars. He was ordained at age 22 on 10 August 1910. While praying before a cross, he received the stigmata on 20 September 1918. Padre Pio was the first priest ever to be so blessed. As word spread, especially after American soldiers brought home stories of Padre Pio following WWII, the priest himself became a point of pilgrimage for both the pious and the curious. He would hear confessions by the hour, reportedly able to read the consciences of those who held back. His canonization miracle involved the cure of Matteo Pio Colella, age 7, the son of a doctor who worked in the House for Relief of Suffering, the hospital established by Padre Pio in San Giovanni Rotondo.

Saint Padre Pio was canonized on June 16, 2002 by Pope John Paul II in Rome, Italy.

Perfecting Penmanship: Using your best penmanship, copy over the excerpt from this Padre Pio prayer.



Stay with me Lord! For I need to have Thee
 with me, not to forget Thee.
 Stay with me Lord! Because I am weak and
 need Thy strength, not to fall so often.
 Stay with me Lord! For Thou art my whole
 life, and without Thee I am in darkness.



Practice Makes Perfect: Copy over, then re-write the words from your spelling lists below. Try to reproduce each word exactly as the samples appear.

cabinet

casual

courier

mergatic

legal

radar

divine

merciful

perfect

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
 a b c d e f g h i j k l m n o p q r s t u v w x y z 1 2 3 4 5 6 7 8 9 0 . , ? !

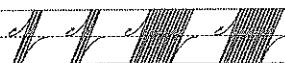
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LESSON 37

Read and Write Assignment.

Warming Up: Basic Stroke Practice

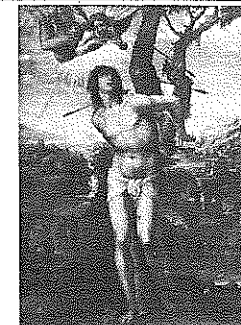
Trace & finish the top row at the start of each lesson.



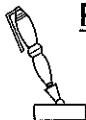
Focus on Faith:

Saint Sebastian - Martyred 288 Feast Day: January 20

Saint Sebastian was born in Gaul. He became a soldier in the Roman army in about 283 A.D. Sebastian was named captain in the praetorian guards by Emperor Diocletian. Diocletian did not know that Sebastian was a Christian. He made many converts: among them were: Nicostratus, who was in charge of prisoners; Chromatius, Prefect of Rome, whom he cured of gout. Chromatius set the prisoners free, freed his slaves, and resigned as prefect. When Diocletian discovered that Sebastian was indeed a Christian, he was ordered to be executed. When the widow of Saint Castulus went to recover Sebastian's body, she found he was still alive. Soon after, Sebastian intercepted the Emperor, and denounced him publicly for his cruelty to Christians. Saint Sebastian was then beaten to death on the Emperor's orders. He is patron saint for archers and soldiers.



Perfecting Penmanship: Using your best penmanship, copy over then rewrite the Psalm verse below.



*Thy saints shall bless Thee, O Lord;
 they shall speak of the glory of Thy
 kingdom.*

Psalm 144: 10-11

WORD SEARCH

(Just for fun, circle the words you can find)

W	Y	Z	C	M	E	D	I	C	I	N	E
J	R	D	R	A	Z	Z	I	L	B	Y	O
M	E	T	E	G	W	O	R	S	H	I	P
P	T	R	E	A	D	B	F	T	C	H	O
E	S	U	D	Z	Y	A	I	E	B	G	G
R	A	M	A	I	L	O	C	C	O	R	B
F	N	P	I	N	G	I	A	P	M	A	C
E	O	E	S	E	O	N	A	C	L	O	V
C	M	T	J	J	A	R	B	E	G	L	A
T	S	A	C	E	L	E	T	E	Y	B	S
F	O	L	Y	M	P	I	C	S	C	H	M
Y	Y	M	Y	N	O	M	O	H	A	P	Z

PUZZLE 2

ALGEBRA	CREED	PERFECT
ASTRONAUT	HOMONYM	TELECAST
BLIZZARD	MAGAZINE	TRUMPET
BROCCOLI	MEDICINE	VOLCANOES
CAMPAIGN	MONASTERY	WORSHIP
	OLYMPICS	

(Answer Key may be found in back of book)

Practice Makes Perfect: Copy over, then re-write the words from your spelling lists below.



apostrophe

homonym

magazine

trumpet

Trinitry

in cathedra

